

Woodinville Dance Academy

SUMMER 2019



Ages 3-8
Ages 9-12
Teen/Level
Specific

JUNE

6/24 - 6/28 (Monday-Friday)

Pre-Ballet Princess Camp (ages 3-5), 10:00-10:45am, *Sami* \$70

Ballet/Tap Combo Camp (ages 4-6), 10:45am-11:45pm, *Sami* \$94

Introduction to Jazz (ages 6-8), 11:45-12:45pm, *Sami* \$94

JULY

7/8 - 7/11 (Monday-Thursday)

Classical Variations for Aspiring Ballerinas (levels 1-3, ages 9+), 10:00am-12:00pm, *Mija* \$150

Pre-Pointe for upcoming Pointe Dancers (level 4B), 12:30-3:30pm, *Mija* \$225

7/13 (Saturday)

One day Jumps and Leaps Workshop (levels 3B and up), 10:00am-2:00pm, *Mija* \$75

7/15 - 7/19 (Monday-Friday)

Pre-Ballet Princess Camp (ages 3-5), 10:00-10:45am, *Sami* \$70

Ballet/Tap Combo Camp (ages 4-6), 10:45am-11:45pm, *Sami* \$94

7/18- 7/20 (Thursday-Saturday)

Tap Technique and Improvisation Workshop (levels 3 and up), 10:00am-12:00pm, *Kelly* \$113

7/22 - 25 (Monday-Thursday)

#InstaDance Workshop (levels 2-3, 12yrs and younger), 10:00am-12:00pm, *Mija* \$150

(levels 4-6, 13+yrs), 12:30-3:30pm, *Mija* \$225

7/29 - 8/2 (Monday-Friday)

Contemporary Improv and Choreography Workshop (12+yrs), 10:00am-12:00pm, *Meghan* \$188

AUGUST

8/5 -8/11 (Monday-Friday)

Jazz Leaps and Turns Workshop (levels 4-6), 1:00-2:00pm, *Meghan* \$94

Injury Prevention, Nutrition, and Cross Training for Dancers (levels 3-6), 2:00-4:15pm, *Mija* \$211

8/10 (Saturday)

One day Adagio and Flexibility Workshop (levels 3B and up), 10:00am-2:00pm, *Mija* \$75

8/15- 8/17 (Thursday-Saturday)

Advanced Tap Intensive (Levels 4-6), 10:00am-12:00pm, *Kelly* \$113

8/19 - 8/23

Nutcracker Ballet Camp (ages 5-7), 10:30am-12:00pm (Monday-Friday), *Andrea* \$140

Camp Hip Hop (7-9yrs), 12:15-1:15pm (Monday/Wednesday/Friday ONLY), *Jackson* \$56

Advanced Ballet (levels 4-6), 12:00-1:30pm (Monday-Friday), *Andrea* \$140

Advanced Hip Hop, 1:30-2:30 (Monday-Friday), *Jackson* \$94

Intermediate Ballet Teen (levels 3-4), 1:30-2:30 (Monday/Wednesday/Friday ONLY), *Andrea* \$56

Intermediate Hip Hop 10yrst+, 2:30-3:30 (Monday-Friday), *Jackson* \$94

Hip Hop Fundamentals (12+), 11:15am-12:15pm (Monday/Wednesday/Friday ONLY), *Jackson* \$56

REGISTER FOR SUMMER
CLASSES BEFORE JUNE 5th
(425) 481-5526
WDPVLDANCE@gmail.com

Class Descriptions

JUNE/JULY

Pre-Ballet Princess Camp (ages 3-5) Perfect for brand-new ballerinas or those with a little experience, creative movement meets ballet for a fun princess-themed week of dance class. Dancers may wear a costume on Friday.

Ballet/Tap Combo Camp (ages 4-6) Little ones will love twirling and tapping along to fun music during this week-long combo class camp as they review ballet and tap fundamentals like first, second, and third positions, plie, and shuffles, and stamps.

Introduction to Jazz (ages 6-8) Dancers with little or no previous jazz experience will enjoy this week long jazz class which will include a warm-up; light conditioning; across-the-floor practice of jazz walks, turns, and leaps; and a fun jazz dance. Showing for parents on Friday.

Classical Variations for Aspiring Ballerinas (levels 1-3) Students will learn modified versions of variations from Cinderella and Sleeping Beauty. Showing on Thursday at 11:45 for parents.

Pre-Pointe for upcoming Pointe Dancers (level 4B) Technique class followed by a 30-minute seminar and then 1-hour pre-pointe conditioning. Dancers will also have time to discuss pointe shoe options with Mija and make goals for the upcoming year. On Thursday, Podiatrist, Dr. Woodle, will give a pointe lecture about keeping feet healthy while dancing en pointe.

One day Jumps and Leaps Workshop (levels 3B and up) A fun and informative day of technique class, conditioning, seminar, and learning a variation.

Tap Technique and Improvisation Workshop (levels 3-6) Dancers will hone their tap skills through technique drills, with a focus on improvisation.

#InstaDance Workshop (levels 2-6) Technique class followed by strength and flexibility training. On Thursday, dancers will be given time for brainstorming poses, choosing outfits, and practice takes in preparation for a professional photo shoot. Dancers will be given photos and guidance for using them to build an audition or dance portfolio.

Contemporary Improvisation and Choreography Workshop (ages 12+) Dancers will learn tools for choreography and practice improvisation skills after a contemporary class warm-up and conditioning. Showing on Friday for parents.

AUGUST

Jazz Leaps & Turns Workshop (levels 4-6) Dancers will focus on improving their turns, leaps, and performance qualities.

Injury Prevention, Nutrition, and Cross Training for Dancers (levels 3-6) Conditioning/injury prevention exercises followed by technique class. Dancers will also attend a variety of 30-min lectures on nutrition, how to stay injury-free, and how to cross-train successfully.

One day Adagio and Flexibility Workshop (levels 3B and up) A fun and informative day of technique class, conditioning, seminar, and learning a variation.

Advanced Tap Intensive (Levels 4-6) Technique class, music theory & tap history lectures, improvisation practice, and exciting choreography come together during this three-day intensive for the advanced tap dancer.

Nutcracker Ballet Camp (ages 5-7) A week-long ballet camp including a craft & story time. Dancers should bring a snack to eat during their break partway through class. Showing on Friday for parents.

Intermediate Ballet Teen (levels 3-4) Improve your technique during this three-day workshop focused on flexibility and strength. Training. Dancers will need to bring a theraband.

Advanced Ballet (levels 4-6) Get back into shape after a summer away from dance with a week of technique and conditioning class including theraband exercises (dancers will need to bring one) and pointe work.

Camp Hip Hop (7-9yrs) Dancers will learn hip hop fundamentals and practice musicality through choreography and some games. Showing on Friday for parents.

Hip Hop Fundamentals (12+yrs) Dancers will learn to count and move with music, practice improv skills, and learn fun choreography.

Intermediate Hip Hop (10yrs+) Dancers will focus on learning new dance steps and applying them into across the floor grooves and tough choreography.

Advanced Hip Hop Applying everything you've learned in previous classes to push through fun and challenging choreography.