

Woodinville Dance Academy

SUMMER 2019



Ages 3-8
Ages 9-12
Teen/Level
Specific

JUNE

6/24 - 6/28 (Monday-Friday)

Pre-Ballet Princess Camp (ages 3-5), 10:00-10:45am, *Sami* \$70

Ballet/Tap Combo Camp (ages 4-6), 10:45am-11:45pm, *Sami* \$94

Introduction to Jazz (ages 6-8), 11:45-12:45pm, *Sami* \$94

JULY

7/8 - 7/11 (Monday-Thursday)

Pre-Pointe for upcoming Pointe Dancers (level 4B), 12:30-3:30pm, *Mija* \$225

7/15 - 7/19 (Monday-Friday)

Ballet/Tap Combo Camp (ages 4-6), 10:45am-11:45pm, *Sami* \$94

7/22 - 25 (Monday-Thursday)

#InstaDance Workshop (levels 4-6, 13+yrs), 12:30-3:30pm, *Mija* \$225

7/29 - 8/2 (Monday-Friday)

Contemporary Improv and Choreography Workshop (12+yrs), 10:00am-12:00pm, *Meghan* \$188

AUGUST

8/5 -8/11 (Monday-Friday)

Injury Prevention, Nutrition, and Cross Training for Dancers (levels 3-6), 2:00-4:15pm, *Mija* \$211

8/10 (Saturday)

One day Adagio and Flexibility Workshop (levels 3B and up), 10:00am-2:00pm, *Mija* \$75

8/15- 8/17 (Thursday-Saturday)

Advanced Tap Intensive (Levels 4-6), 10:00am-12:00pm, *Kelly* \$113

8/19 - 8/23

Nutcracker Ballet Camp (ages 5-7), 10:30am-12:00pm (Monday-Friday), *Andrea* \$140

Advanced Ballet (levels 4-6), 12:00-1:30pm (Monday-Friday), *Andrea* \$140

Intermediate Ballet Teen (levels 3-4), 1:30-2:30 (Monday/Wednesday/Friday ONLY), *Andrea* \$56

Intermediate Hip Hop 10yrst+, 2:30-3:30 (Monday-Thursday), *Jackson* \$75

REGISTER FOR SUMMER
CLASSES BEFORE JUNE 5th
(425) 481-5526
WDPVL DANCE@gmail.com

Class Descriptions

JUNE/JULY

Ballet/Tap Combo Camp (ages 4-6) Little ones will love twirling and tapping along to fun music during this week-long combo class camp as they review ballet and tap fundamentals like first, second, and third positions, plie, and shuffles, and stamps.

Introduction to Jazz (ages 6-8) Dancers with little or no previous jazz experience will enjoy this week long jazz class which will include a warm-up; light conditioning; across-the-floor practice of jazz walks, turns, and leaps; and a fun jazz dance. Showing for parents on Friday.

Pre-Pointe for upcoming Pointe Dancers (level 4B) Technique class followed by a 30-minute seminar and then 1-hour pre-pointe conditioning. Dancers will also have time to discuss pointe shoe options with Mija and make goals for the upcoming year. On Thursday, Podiatrist, Dr. Woodle, will give a pointe lecture about keeping feet healthy while dancing en pointe.

#InstaDance Workshop (levels 4-6) Technique class followed by strength and flexibility training. On Thursday, dancers will be given time for brainstorming poses, choosing outfits, and practice takes in preparation for a professional photo shoot. Dancers will be given photos and guidance for using them to build an audition or dance portfolio.

Contemporary Improvisation and Choreography Workshop (ages 12+) Dancers will learn tools for choreography and practice improvisation skills after a contemporary class warm-up and conditioning. Showing on Friday for parents.

AUGUST

Injury Prevention, Nutrition, and Cross Training for Dancers (levels 3-6) Conditioning/injury prevention exercises followed by technique class. Dancers will also attend a variety of 30-min lectures on nutrition, how to stay injury-free, and how to cross-train successfully.

One day Adagio and Flexibility Workshop (levels 3B and up) A fun and informative day of technique class, conditioning, seminar, and learning a variation.

Nutcracker Ballet Camp (ages 5-7) A week-long ballet camp including a craft & story time. Dancers should bring a snack to eat during their break partway through class. Showing on Friday for parents.

Intermediate Ballet Teen (levels 3-4) Improve your technique during this three-day workshop focused on flexibility and strength. Training. Dancers will need to bring a theraband.

Advanced Ballet (levels 4-6) Get back into shape after a summer away from dance with a week of technique and conditioning class including theraband exercises (dancers will need to bring one) and pointe work.

Intermediate Hip Hop (10yrs+) Dancers will focus on learning new dance steps and applying them into across the floor grooves and tough choreography.